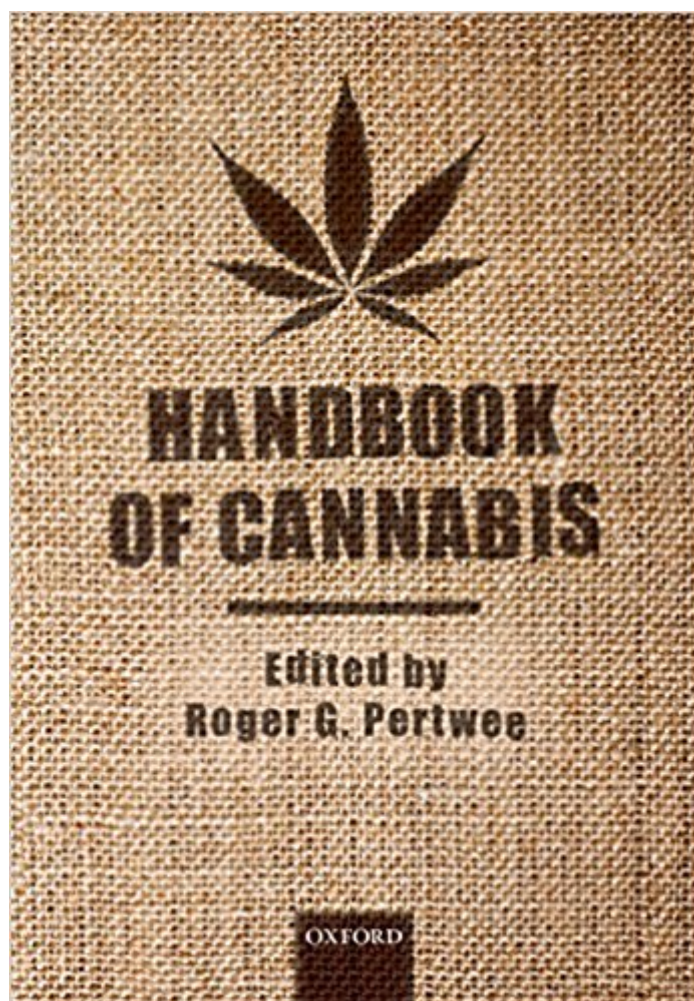


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# Handbook Of Cannabis (Handbooks In Psychopharmacology)



## Synopsis

Truly global in scope and with contributions from leading researchers around the world, The Handbook of Cannabis is the definitive resource on this fascinating drug. Combining scientific perspectives and clinical applications, it covers a vast array of topics, from why over the centuries cannabis has been used as a medicine, through the regulations facing those wishing to self-administer cannabis or provide cannabis-based medicines, to the chemical structure of its many constituents and the rapidly growing group of synthetic cannabinoids that are currently being used for 'legal highs'. With each chapter written by a group of one or more internationally recognised subject experts, it provides academics and researchers with authoritative scientific material on the main pharmacological actions and their effects, as well as their pharmacokinetics, metabolism, and forensic detection. In addition it also examines the complex morphology, cultivation, harvesting, and processing of cannabis and the ways in which the plant's chemical composition can be controlled. As well as offering a raft of scientific information there is extensive coverage of cannabinoid-based medicines. Helping readers to identify and evaluate their benefits, chapters explore pharmacological actions and the effects that seem to underlie approved therapeutic uses, how they are currently used to treat certain disorders, and the ever-growing number of wide-ranging potential clinical applications. There is also coverage of both the legal and illegal sources of cannabis, including 'coffee shops' and 'cannabis dispensaries'. The complex issue of 'recreational cannabis' is also tackled. The sought-after and adverse psychological and non-psychological effects are described and discussions are included on how some adverse effects can be lessened by at least one constituent of cannabis, and that it might be possible to reduce the harm that cannabis does to some by changing current regulatory policies. The Handbook of Cannabis is a one-stop reference; essential reading for all clinicians, pharmacologists, psychologists, and psychiatrists interested in this drug, as well as those working in the field of public health.

## Book Information

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## Customer Reviews

Best up-to-date comprehensive review of relevant scientific topics from authoritative sources. I concur with other reviews.

Well in depth and worth the money if you're looking for sourced information on the clinical testing of cannabis.covers a broad range of medical uses.

Excellent

Purchased as gift. They were very satisfied.

Excellent but expensive reference textbook on cannabinoid science and medicine.

In a word...spotty. This is no unifying message but instead, 40 mostly unconnected chapters that will be a rarely-used shelf reference. There is only one editor and I don't think anyone edited anything, even for grammar. It does not seem peer-reviewed in any way either. Perhaps my bias is because I am an American MD living in a medical cannabis state reading a book mostly written by European prohibitionists. The best parts include chapters by Drs. Russo and McPartland, the horticulturalists at GW Pharmaceutical, and American scholar, Amanda Reiman. The dubious content is offered by the usual suspects from the National Institute on Drug Abuse who routinely provide an academic buzzkill to honest scholars. As one might guess, Handbook of Cannabis (Handbooks in

Psychopharmacology) seems a very censored book with an Imprimatur by NIDA and GW Pharmaceuticals. In 2016, what they leave out is more laughable than what they print. On the other hand for non-political information such as drug kinetics and endocannabinoid receptor physiology, this book is a time-saving reference for the bookshelf. And, it is useful for collating animal research up to 2014, the date of publication. For North American cannabis scholars in 2016, I suggest one's time is better spent using Google (and Google Scholar) to find articles by Dr. Russo and thoroughly learn the endocannabinoid system, less common cannabinoids, and finally the terpenoid and other components of Cannabis. Then go to [projectcbd.org](http://projectcbd.org) to learn more about CBD and gain more references. Then buy a copy of *Cannabis Pharmacy: The Practical Guide to Medical Marijuana* and while the last two chapters are optional, Backes's Youtube talks around 1 hour each from Seattle and Malibu are quite good...and less confusing. He also had good references. Then pick up a copy of *The Cannabis Manifesto: A New Paradigm for Wellness* to tie it all together. DeAngelo's part on cannabis "misuse" is far more helpful and understandable than more reefer-madness NIDA nonsense. Happy reading!

I had no idea how extensive this book would be. It begins with the history of cannabis, and its use in ancient medicine up to the present day. According to this book, physicians worldwide were discovering healthy uses for cannabis, treating menstrual headaches, arthritis, back pain, and urinary burning, thanks to this inexpensive plant. The next chapters discuss the chemical composition, the laws of cannabis, international regulations, *The Handbook Of Cannabis* does, however, list the hazards. In all chapters, whether they discuss legal or natural issues, they go heavily into the dangers. In the chapters on international control and the chapter on dispensaries, we learn that the laws are often unclear. Firstly, the famous Netherlands marijuana cafes are not entirely legal. There are regulations on how much can be sold and to whom, and where they can open. In the USA, cities can make their own laws regarding where marijuana dispensaries or stores can open, and the cities can charge huge annual license fees to open. Another major issue is the source of the drug. Though it may be legal to sell marijuana in the Netherlands, it isn't legal to import it, so the importation is in the hands of organized crime. In the USA, shipping marijuana from a grower state to one that legalizes the sale creates a Federal issue. If a truck carrying marijuana crosses through a state where it's not legal, the driver could be charged with a crime. Sending it through US Mail might not be legal either, unless the Federal government comes to an agreement over a "peaceable journey," as it did for interstate transport of firearm. I recommend this book for

anyone who is considering using marijuana, treating an illness with it, or planning to go into business selling it. The book covers all the issues of US and international laws, and the benefits of cannabis. The only thing missing is the agricultural issue of cannabis. Only a small section is devoted to growing, and that has to do with horticulture. The book doesn't go into the aspects of mass cannabis farming, so if you want to know what kind of fertilizer to use, and what kind of grow lights to use, you'll have to look elsewhere. For anyone researching the medical, legal, and economic aspects of marijuana, this book is perfect.

A timely and authoritative treatise on the cannabis plant highlighting both existing and emerging science behind the cannabis plant, and the growing importance of plant medicine in mainstream health per se. The topics covered are wide, state-of-the-art and provide the reader with an easy read in all subjects relating to this plant - and plant-derived medicine per se. Emerging topics such as 'synergistic' (combination herbal) medicine vs single target isolate drugs are also discussed in detail. If you are currently researching the cannabis plant, the phytocannabinoids and their various mechanisms in the body, and the future of herbal medicine in treating disease - particularly inflammatory disorders - you will find Professor Pertwee's book an invaluable one-stop-resource. It was a welcome resource whilst producing our own research for medical practitioners at [www.graceandfuller.com](http://www.graceandfuller.com).

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